

PSHE CURRICULUM (INCLUDING RELATIONSHIPS AND HEALTH EDUCATION)

Intent

At Ark Brunel Primary, we teach Personal, Social, Health Education as a whole-school approach to underpin children's development as people and because we believe that this also supports their learning capacity. The Jigsaw Programme offers us a comprehensive, carefully thought-through Scheme of Work which brings consistency and progression to our children's learning in this vital curriculum area. The overview of the programme can be seen below and in more detail on our website. This also supports the "Personal Development" and "Behaviour and Attitude" aspects required under the Ofsted Inspection Framework, as well as significantly contributing to the school's Safeguarding and Equality Duties, the Government's British Values agenda and the SMSC (Spiritual, Moral, Social, Cultural) development opportunities provided for our children.

Here, at Ark Brunel Primary we value PSHE as one way to support children's development as human beings, to enable them to understand and respect who they are, to empower them with a voice and to equip them for life and learning. We include the statutory Relationships and Health Education within our whole-school PSHE Programme

Implementation

To ensure progression and a spiral curriculum, we use Jigsaw, the mindful approach to PSHE, as our chosen teaching and learning programme and tailor it to your children's needs. Learning is divided into six whole school 'puzzles', which are explored in more depth each year, building upon previous learning. The mapping document: Jigsaw 3-11 and statutory Relationships and Health Education, shows exactly how Jigsaw and therefore our school, meets the statutory Relationships and Health Education requirements. This programme's complimentary update policy ensures we are always using the most up to date teaching materials and that our teachers are well-supported.

Whole-school approach Jigsaw covers all areas of PSHE for the primary phase including statutory Relationships and Health Education.

At Ark Brunel Primary we allocate 1 hour to PSHE each week in order to teach the PSHE knowledge and skills in a developmental and age-appropriate way. These explicit lessons are reinforced and enhanced in many ways: Assemblies, praise and reward system, through relationships child to child, adult to child and adult to adult across the school. We aim to 'live' what is learnt and apply it to everyday situations in the school community. Class teachers deliver the weekly lessons to their own classes. Teachers inform parents of the specific content of lessons in their half-termly curriculum letters. This includes any learning of:

- body parts and puberty so that parents are able to discuss these matters before or after the lessons delivered.
- sex education lessons so that parents have all the content in advance and are able to discuss these matters with their child or, if desired, are able to withdraw their child from these lessons as is their parental right.

WHOLE SCHOOL OVERVIEW FOR PSHE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YEARS 1-6	Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me