



IMMERSIVE READER

Digital resources continue to evolve and can be a huge support to everyone in education.

Immersive Reader is a simple tool that can transform pupils' interaction with the online world. All children have to do is highlight a section of text (often this would be a webpage) and make Immersive Reader read it out for them. This means that children can engage with text that may have been a little too challenging for them to read independently. It's available as a Chrome extension and the best news of all is that it is all set up and ready to go on the Chromebooks assigned to KS2 children. A video here explains simply how to use it on a Chromebook – just highlight, double tap and away you go.

<https://www.youtube.com/watch?v=UsU66NDh-1k&list=PLN3lTAopapGRdq05QNBXDGvyF2CJ6EUP4&index=3>

CANALSIDE YOUTH CLUB

There is now a free after school youth club at the Canalside Centre on Ladbroke Grove on Wednesday's 4:45–6:15pm. It is open to all young people aged 8-16.

Activities include multi sports, board games, computer coding, arts and crafts and some weeks they will have outside partners delivering other specific activities.

You can sign up in advance using the QR code on the Canalside poster displayed around the school, or by using the link below - <https://forms.gle/sbY7zgqRHu5TEk558>

CHILDREN IN NEED

This year, we put on our pyjamas and hit the streets! Children dressed up for bed and took a walk around our local area, putting smiles on local faces while raising eyebrows *and* funds at the same time. Thanks to all who took part and contributed to our total raised of £541.20.



PACKED LUNCHES

We have noticed that many of the children having packed lunches are not being provided with a healthy lunch, as is required.

Packed lunches should contain a healthy sandwich/pasta/rice/soup, a piece of fruit, a pudding e.g. yoghurt/rice cake, and a bottle of water. The following must not be given to children as part of their lunch, or a snack.





- Crisps
- Chocolate
- Sweets
- Juice or flavoured water

Please also remember that the school is a Nut Free Zone, and packed lunches should reflect this. If you need a bit of inspiration, there are lots of helpful healthy lunch ideas online.

[Healthy lunchbox ideas for kids - BBC Good Food](#)



POSITIVE CASES OF COVID-19

We would like to remind parents that the school no longer has the responsibility for informing parents about any positive cases of C-19 that may arise in school. This responsibility now lies with Test & Trace, who may contact the school to gather details about families who they wish to contact. Of course, we will cooperate fully with any such requests.

We continue to follow procedures for C-19 as per our risk assessment, with hygiene, good ventilation and regular testing encouraged at school.

Parents should continue to be vigilant with any symptoms that their child may be showing. If children are showing symptoms, they should stay at home and take a PCR test as soon as possible. If children are well, they should attend school. We are always available to offer any advice that we can regarding COVID-19 for parents.



This week's shout outs go to:

Carpenter	Elise
Caxton	Adam
Darwin	Asiya, Xavier
Dickens	Ezra, Leen
Faraday	Jackson, Mohammed
Fry	Arthur, Rayanah
Jenner	Mariam
Johnson	Issah
Newton	Ronnie, Spencer
Pankhurst	Nathalia F., Radman
Seacole	Noah
Shackleton	Lina, Miguel
Wilberforce	Nadeefa, Maxim
Wollstonecraft	Bayan, Nathaniel





Upcoming

<i>Monday 29th Nov.</i>	<i>Y5 Bach Choir Winter Singalong</i>
<i>Monday 29th Nov.</i>	<i>Last day to order school Christmas lunch for kids who have a packed lunch</i>
<i>Wednesday 1st Dec.</i>	<i>Y3 – Museum of London trip</i>
<i>Thursday 2nd Dec.</i>	<i>Y6 Wilberforce – National Army Museum trip</i>
<i>Wednesday 8th Dec.</i>	<i>School Christmas lunch</i>
<i>Thursday 9th Dec.</i>	<i>Y3 Jenner – Museum of London trip</i>

Class Attendance

BUSS	87.1%
CARPENTER	88.9%
CAXTON	80.9%
DARWIN	73.6%
DICKENS	95.7%
FARADAY	97.7%
FRY	89.3%
JENNER	89.5%
JOHNSON	93.9%
NEWTON	95%
PANKHURST	96.1%
SEACOLE	98.1%
SHACKLETON	97.9%
WILBERFORCE	90%
WOLLSTONECRAFT	91.3%

Please see the pages below for
What Parents & Carers Need to Know about Cryptocurrency
and
Keeping Well Over the Holidays



What Parents & Carers Need to Know about CRYPTOCURRENCY

What is cryptocurrency?

Cryptocurrency is software enabling the exchange and storage of digital 'coins' representing financial value. To monitor who owns which coins, platforms save an online record of every transaction, called a 'ledger' or 'blockchain'. This is secured by cryptography: a set of methods for protecting sensitive information. Bitcoin, released in 2009, was the first cryptocurrency; other platforms have since launched such as Ethereum, Tezos and Filecoin. As cryptocurrency becomes a more established part of digital life, young people are bound to encounter it – so it's vital that trusted adults understand its risks, and how it can be explored and used safely.

COMPLEX TECHNOLOGY

Like any new software, cryptocurrency comes with bugs, flaws and limitations. Broadly, it hasn't yet evolved to be as user friendly as web browsing or social media. Using it safely means spending time learning about the complicated technology it uses. We would strongly suggest anyone considering getting involved in cryptocurrency should consult specialised tutorials to learn about it properly in advance.

WIDESPREAD EXAMPLES

Cryptocurrency software for smartphones is often free to download from app stores. Emails with links to cryptocurrency services can land in any inbox.

Cryptocurrency is also advertised on search engines, on social media and in online games (for example to buy add-ons which help players level up). It can't be purchased easily without a credit card or bank account, but young people will still be exposed to cryptocurrency in various settings.

CHANCE OF SCAMS

Cryptocurrency provides another opportunity for scammers to extract personal data and money from unwary web users. Unlike credit card transactions or wire transfers, a bank can't reverse cryptocurrency transactions after a suspected fraud – making it an appealing channel for online extortion. These transactions do leave evidence in the blockchain, however, which means that cryptocurrency scammers can and do get caught.

BEING LOCKED OUT

If you forget your online banking password, you can reset it by proving your identity in another way. In the world of 'crypto', however, the private key to access your funds can't be reset. Cryptocurrency operates without intermediaries like banks – so no-one stores a copy of users' private keys. This has security benefits, but also presents the huge risk of permanently losing access to your account. Learn how to store private keys securely before purchasing any significant amounts of cryptocurrency.

RISKY INVESTMENT

Prices can be very volatile, so cryptocurrencies are considered high-risk investments. If you might need your savings soon, don't hold them in cryptocurrency as their value could drop suddenly and sharply. Sometimes, cryptocurrency may be a profitable investment – but note that any gains are taxable. You may even have to pay tax when exchanging one cryptocurrency for another if the currency you're exchanging is priced higher than it was when you bought it.

Advice for Parents & Carers

AVOID IF UNSURE

In the UK, cryptocurrency is considered risky, because users aren't well protected if something goes wrong. Most cryptocurrencies use software developed by decentralised communities, so there's no customer service and no support if your funds get stolen or you lose access to your mobile cryptocurrency wallet. Unless you understand cryptocurrency, it's probably best not to use it. After all, if you couldn't comprehend the highway code, it wouldn't be safe for you to drive.

CHECK CREDENTIALS

Buying cryptocurrency for the first time involves wiring funds from your bank to a cryptocurrency exchange – a business that converts your money into cryptocurrency. They can also store cryptocurrency for you, though this could present a security risk. Cryptocurrency businesses in the UK must now comply with money laundering regulations: the Financial Conduct Authority's website has a list of all business that are approved, and it's best to avoid dealing with any that aren't.

Meet Our Expert

JP Veague is an educator and associate professor at University College London's School of Management. His award-winning research on technology and organisation has been published in leading academic journals as well as in two books. JP is also a speaker and advises on startups. He tweets at @PirateOrg.



EXPECT EXPOSURE

If your child plays online games that involve some form of virtual currency, and has access to some kind of payment method, they may find themselves in a position to buy and use cryptocurrency. There's probably no immediate danger, but discussing the potential risks with them could be useful. If your child is old enough to understand the concepts of spending and saving or to grasp the basics of programming, then they're old enough to learn about cryptocurrency.

STAY CAUTIOUS, STAY INFORMED

Approach cryptocurrency with caution as well as curiosity. Don't click on links in unexpected emails referring to cryptocurrency and beware of promotions promising free cryptocurrency in exchange for personal information. Avoid mentioning on social media that you own cryptocurrency, as this can attract scammers. Stay informed of potential new risks and regulations by regularly checking specialised sources (such as CoinDesk).



The festive period can be a great time to relax and spend time with family. This month's bulletin is around how you and your family can keep well over the holidays

Plan ahead

Make sure you leave yourself plenty of time to prepare and plan activities as a family. This will decrease your workload and stress levels, and contribute to a stress-free holiday period.



For the children

Keeping the children busy over the holidays can be challenging. Plan some fun activities or create your own at home such as this [Obstacle Course](#)



Manage expectations

There can be a lot of expectations around this time of year from yourself and others. Remember to manage your expectations and be mindful that it is okay if everything is not perfect or as you planned.

Look after yourself

Be kind to yourself and make time to relax and unwind during this busy season. Talk to others, practice self-care and enjoy the festivities.



MyMind TV

There are lots more self-care tips on [My Mind TV](#)

The Mental Health Support Team supports school staff, children and parents/carers to think about mental health and wellbeing.



We provide a **telephone drop in service** where you can speak to one of our team about your child's mental health and wellbeing.
Please note, this is not a counselling service

Click the link below or scan the code to schedule a call:
[Mental Health Support Team Telephone Drop In Service](#)

For blog posts, and to learn more about the support we offer, visit our websites: www.hfehmind.org.uk